

# 2·1·1

**Get Connected. Get Help.**™  
An Initiative of Granite United Way

**YOUR LINK TO RESOURCES.**  
GET HELP, GIVE HELP. DISCOVER OPTIONS.



**2·1·1**

IS THE NUMBER TO DIAL WHEN YOU NEED HELP OR DON'T KNOW WHERE TO CALL.

**2·1·1**

MAKES INFORMATION MUCH EASIER TO FIND.

**2·1·1**

- ✓ A FREE AND CONFIDENTIAL CALL FROM ANYWHERE IN NH
- ✓ PERSON-TO-PERSON ASSISTANCE
- ✓ AVAILABLE 24/7 WITH TRANSLATION ASSISTANCE IN OVER 150 LANGUAGES

**JUST DIAL** **2·1·1**

TOLL FREE OUTSIDE OF NEW HAMPSHIRE:

**1.866.444.4211**

[www.211nh.org](http://www.211nh.org)  

powered by:



**EVERSOURCE**



The State of  
New Hampshire



New Hampshire Housing  
Bringing You Home

**FOR EVERYDAY NEEDS AND DIFFICULT TIMES,**

**2·1·1**

IS YOUR CONNECTION TO THOUSANDS  
OF RESOURCES AVAILABLE IN NH

The service that 211 NH provides is information and referrals. The 211 NH team can help connect you with:

- ✓ Clothing and thrift shops
- ✓ Community services & organizations
- ✓ Consumer services
- ✓ Crisis services
- ✓ Discrimination assistance
- ✓ Domestic & sexual violence services
- ✓ Education - GED instruction, computer classes
- ✓ Employment services
- ✓ Food pantries & nutrition programs
- ✓ Health care services
- ✓ Housing - homeless prevention, shelter, tenant's rights
- ✓ Legal assistance
- ✓ Mental health care & counseling
- ✓ Mentoring
- ✓ Military, family & community network
- ✓ Parenting programs
- ✓ Smoking cessation programs
- ✓ Substance misuse prevention, treatment and recovery services
- ✓ Support groups
- ✓ Transportation
- ✓ Utility assistance
- ✓ Youth & family services
- ✓ Veterans services
- ✓ Volunteer opportunities
- ✓ Wellness programs

**AND MUCH MORE**

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