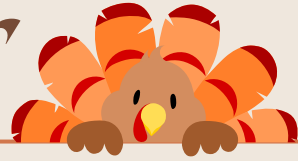




MHRA



Fall Newsletter



Oct. Nov. Dec. 2026

Issue 03

ManchesterHousing.Org

This newsletter is provided for informational purposes and is not a substitute for official notices or lease requirements.



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Welcome to Fall!

As the seasons change, we are excited to bring you the Fall 2026 edition of the MHRA Newsletter. Inside you'll find important reminders, upcoming events, community resources, and updates from around MHRA. As colder weather approaches, please take a few moments to review seasonal tips and important information to help keep your household safe and comfortable.



Manchester Housing and Redevelopment Authority
198 Hanover Street, Manchester, NH 03104
Phone: 603-624-2100
Website: www.manchesterhousing.org
Email: info@manchesterhousing.org
Work Order Phoneline: 603-624-2176
Pest Control: 603-624-2120



≡ DATES TO REMEMBER ≡

MHRA OFFICE CLOSURES



Board of Commissioners

Meetings: Third Tuesday of each month | 12:00 PM

198 Hanover Street.

-  **Friday, Oct. 9** – Annual Staff Luncheon – **All MHRA offices close at 11:00 AM**
-  **Monday, Oct. 12** – Columbus Day – **All offices closed**
-  **Tue – Wed – Thur, Oct. 13–15** – Staff Training – **Zone offices closed**
-  **Wednesday, Nov. 11** – Veterans Day – **All offices closed**
-  **Thursday, Nov. 26** – Thanksgiving Day – **All offices closed**
-  **Friday, Nov. 27** – Day after Thanksgiving Day – **All offices closed**
-  **Friday, Dec. 25** – Christmas Day – **All offices closed**

KNOW YOUR HOUSING TEAM



ELMWOOD GARDENS

- Property Manager: Rick C.
- Assistant Property Manager: Jade F. 603-624-2163
- Specialist: Joel R. 603-624-2165



LIHTC/TAX-CREDIT PROPERTIES

Mary Gale – Brown School – TarryTown – S. Porter – Log St – Upland Heights

- Property Manager: Abby C. 603-624-2031
- Assistant Property Manager: Angie M. 603-624-2180



KALIVAS HI-RISE

- Property Manager: Amy H.
- Assistant Property Manager: New member coming soon!
- Specialist: Ben 603-624-2042



KELLEY FALLS

Available by appointment only / limited schedule.

Phone: 603-624-2130 or 603-624-2160
Calls are forwarded to the Burns Hi-Rise Office



BURNS HI-RISE

- Property Manager: Kelly M.
- Assistant Property Manager: Lorraine 603-624-2044
- Specialist: Sarah D. 603-624-2030



Resident Spotlight



Getting to know the people who make our communities special!

Name: Sheila R.

Community: Hugh Gallen Hi-Rise

How long have you lived here? "4 years"

What do you enjoy most about your community? "Enjoy friendships with a few of the other residents. The community room for a game night or pizza party."

What accomplishments are you proud of? "Avoiding drama in the building, lol. Sober for 6 years."

What advice would you give your neighbors? "Besides minding your business which brings peace, speak up to the office and voice your concerns."

You Asked... MHRA Answered!

Q

A

We watch out for you when you're not here!



Q: I got a raise. Does that mean my rent automatically goes up?

A: Not necessarily! You should still report the change within the required timeframe. Whether MHRA completes an interim rent adjustment depends on the type and amount of the change and applicable program rules. **Report it – we'll figure out the rest.**



Q: I I'm going away for a couple of weeks. Do I really need to tell MHRA?

A: Yes. Under the MHRA lease, if your unit will be unoccupied for **more than one calendar week**, you must give MHRA prior written notice. Going on vacation isn't a problem – we just need to know!



Q: My adult child moved out. Can I just take them off my household?

A: Let us know right away. Removing someone from your household requires more than simply telling us they moved. Staff may need documentation and will explain what is needed to update your household correctly.



Q: My boyfriend/girlfriend stays over a lot, but they don't live here. When does a guest become a household member?

A: There isn't a magical number of overnights that makes someone a resident. 😊 If someone is regularly staying in the unit, keeping belongings there, receiving mail there, or otherwise appears to be living here, talk to your management office. Guests are allowed; unauthorized occupants are not.



Q: What if my side hustle is...unusual? Do I have to tell you exactly what I do?

A: We're interested in the **income, not judging your entrepreneurial creativity.** 😊 If you're earning self-employment income, report it and we'll tell you what documentation is needed.



Q: My ex is still getting mail at my apartment. Is that a problem?

A: It can create questions about who actually lives in the unit. If someone who no longer lives with you is still using your address, **it's a good idea to have them update it with the post office.**

You Asked... MHRA Answered!

Real questions. Real answers.
Helpful information for our residents.



Q: My kid turned 18. Do they suddenly have to start paying rent?

A: Not exactly. Turning 18 changes how some household information and income may be treated, but there isn't a separate rent bill handed to them on their birthday. We will let your household know what documentation is needed.



Q: Who do I call if there's a squirrel in my apartment?

A: First, we're going to need the squirrel to confirm whether it's an approved household member. 😊 KIDDING. Call Pest Control, not me, nope. Also, please do not attempt to negotiate a lease with the squirrel.



Q: If I get a pet and just don't tell anybody... how will MHRA even know?

A: This sounds suspiciously less like question and more like a plan. 😊 Follow your properties pet/animal requirements and contact your management office before adding an animal when approval or documentation is required.



Q: My adult kid moved out... and then came back... and then left again. What am I supposed to report?!

A: Welcome to parenting adult children. 😊 Tell us what's actually happening. Staff can determine whether it's a temporary absence or a household-composition change and what documentation is needed.



Q: Can I put a Ring camera outside my apartment?

A: Yes! Ask before you drill, mount, wire or install anything. Rules can vary depending on where it would be installed and what areas it records.



Q: If my neighbor reports me for something, do you automatically believe them?

A: No. A complaint can give MHRA a reason to look into something, but a complaint by itself doesn't magically make an allegation true.



Q: Can I have a roommate to help with the bills?

A: Don't advertise the spare bedroom just yet. 😊 MHRA-assisted housing doesn't work like a private apartment where you can simply choose a roommate. Household additions require approval.



Q: Can MHRA come into my apartment whenever they want?

A: No. Your lease establishes when MHRA may enter and what notice is required, except in situations such as emergencies. Your apartment is your home – and MHRA also has responsibilities as the property owner.

Have a question?

We're always happy to help. ❤️
Contact your management office.

Your questions
Our Community
We've got you.

MAINTENANCE CORNER

Trash Talk.

A little trash talk from Maintenance – because our maintenance staff should be completing your work orders, **not spending every day picking up trash and furniture.**



ELMWOOD

Toter full? Please don't pile trash, furniture, or other items beside it. Use a dumpster – and notice we said **IN the dumpster.** 😊 If the available dumpster is full, call your Management Office for access to the locked dumpster at the rear of the property. **The city empties your toters; MHRA staff are responsible for cleaning up anything beside them – which may also result in a charge to the resident.**



KELLEY FALLS

Hallways are **not** trash storage areas. Please take your trash to one of the dumpsters located throughout the development. Keeping hallways clear also keeps common areas cleaner and safer for everyone.



FAMILY SITES

Getting rid of furniture? Before paying MHRA's removal charge of approximately \$75 per piece or \$200 per truckload, check out the City's bulky-item pickup – up to **5 item max per pickup for \$25! Schedule online or call the City for details, including exclusions.** Visit www.manchesternh.gov or visit Dept. of Public Works – 475 Valley St



Hi-RISES

Bag it before you chute it! All household trash must be securely bagged before going into the trash chute. Loose trash = messes, odors, and unnecessary problems for everyone. **Bag that kitty litter!**



FALL RESET: AC'S OUT!



Window AC units must be removed or properly covered **by the end of September.**

Cold weather is coming! Taking care of this now helps keep the cold air outside where it belongs.



Work Order Phonenumber:

603-624-2176

Please Note: All calls made to the Work Order Phonenumber, even if you do not speak directly with staff, are reviewed and a work order is created when applicable. You may not always receive a call back from the Work Order Phonenumber.

Pest Control:

603-624-2120

(Leave a Voice Mail for Pest Control so they can schedule/assess treatment accordingly)



Your trash goes IN the dumpster. Not next to it. Not near it. Not dumpster-adjacent. **IN. THE. DUMPSTER.** 😂



Fall & Winter Reminders From Management

Heating Season - Let it Breathe!

Please keep furniture, curtains, boxes, and other belongings away from **thermostats & heating units**. Blocking them can keep heat from circulating properly, working correctly and may create a safety issue.

No heat? Don't tough it out.

During cold weather, loss of heat is an emergency maintenance issue - report it right away.

Snow is Coming. So Is The Parking Shuffle.

When MHRA announces snow-removal or emergency parking instructions, **please follow them**. Moving vehicles when requested allows crews to clear the property safely and thoroughly - and saves everyone from having to maneuver around snowbanks for the rest of winter. Watch for notices from your Management office when storms are expected.

Holiday Decorating - Festive, Not Flammable

Decorate inside your apartment - not outside your unit or in common areas. Make it cozy! Just keep safety in mind. Keep decorations away from heating equipment and other heat sources, don't overload electrical outlets, and make sure decorations don't block doors, hallways, exits or safety equipment. **Your apartment can look like the North Pole. It just shouldn't require the Fire Department to visit.** 🧑‍🔪

Good Neighbor Reminder - Your Holiday Cheer Has Neighbors

Family over? Friends visiting? Kids excited? Music playing? **Enjoy yourselves!**

Just remember that your neighbors are enjoying their homes too. Keep noise at a reasonable level, be mindful in hallways and common areas, and make sure your guests are considerate of the property and other residents.

Have fun. Be merry. Don't become the reason your neighbor call the office Monday morning. 😊



Windows -

We're Not Heating Manchester

We love fresh air too...just maybe not when the heat is running. 😊 Keep windows closed during heating season. If your apartment feels too hot, too cold, or you can't comfortably regulate the temperature, **contact Maintenance instead of opening windows for long periods.**

Housekeeping - Fall Reset!

Cooler weather means we're all spending more time indoors - and unfortunately, pests would also like to move in. Keep food stored properly, take trash out regularly, clean up crumbs and spills, and avoid excessive clutter. See signs of pests? **Report the early.** A tiny problem is much easier to handle before it becomes a whole extended family.

Need a Little Extra Help This Holiday Season?

The holidays can be challenging for many families. If you need assistance with food, gifts, winter clothing, or other essentials, local organizations may be able to help. Contact community agencies early, as holiday assistance programs often fill quickly. Information on local resources may also be available by dialing 211 or visiting www.211nh.org.

Holiday Assistance May Include:

- Food baskets and holiday meals
- Toy and gift programs for children
- Winter coats and clothing
- Emergency assistance and support services

Remember, seeking help is a sign of strength, and community resources are here to support neighbors in need.

Fuel & Electric Assistance

Help may be available for eligible households struggling with heating and utility costs this winter through Community Action programs.

📞 603-668-8010

🌐 www.snhs.org or www.caphr.org/services/fuel-assistance

New Hampshire Food Bank

Find local food pantries, community meals, mobile food pantries, and SNAP assistance.

📞 603-669-9725

🌐 www.nhfoodbank.org/find-food

988 Suicide & Crisis Lifeline

Free, confidential support 24 hours a day for anyone experiencing emotional distress, mental health concerns, or a crisis.

📞 Call or Text 988

Veterans Resources

Manchester VA Medical Center offers healthcare and support services for veterans.

📞 603-624-4366

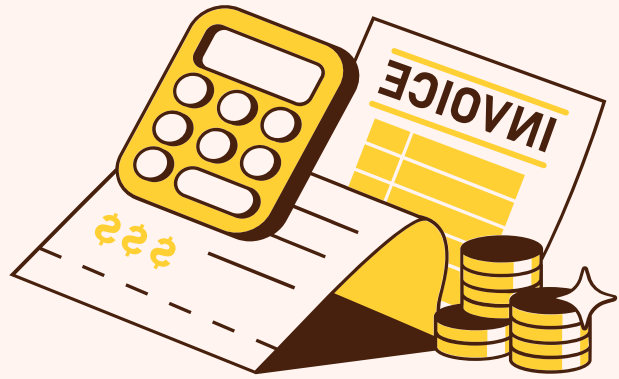
📍 718 Smyth Rd., Manchester, NH

🌐 www.va.gov/manchester-health-care

Toy & Holiday Assistance Programs

Many local holiday assistance programs fill quickly. Contact 211 for current toy drives, holiday meal programs, and seasonal assistance available in your area.

FSS SPOTLIGHT- BUDGETING



INTERESTED IN LEARNING HOW TO BUDGET BEFORE THE HOLIDAY SEASON? HERE ARE SOME QUICK TIPS!

Sign up for the help that you qualify for:

- WIC
- Food Stamps
- State Insurance
- Electric/Fuel assistance
- Child Care Assistance
- Free/Reduced Lunch
- Afterschool Care Scholarships

Monitor subscription services- fees can increase without you knowing:

- Streaming Services (Movies, TV, & Music)
- Amazon Prime
- Gym memberships
- Cell Phone Plans
- Meal Delivery Services
- Video Game Subscriptions
- Cloud Storage

Are free trials expiring? Companies usually take money out without telling you and then you have an extra expense without realizing it.

CALENDAR BUDGET METHOD

Use a printed calendar to track your income/expenses. It should help you visualize what you have coming in and going out.

- Mark your paydays/income in one color – be sure to put the exact amount of your check(s)
- Mark other income in another color (child support, TANF, Social Security)
- Mark your due date for your all bills (expenses). Be sure to include rent, cell phone, car payment, insurance, subscriptions, credit card payments, loan payments, etc.

Extra step: take a highlighter or use a different color pen to underline the bills that will be paid with one set of income and complete for each income coming in. This will physically match the income to expenses and help you ensure that you have enough money to cover everything.



Want more tips like this? Contact the FSS Coordinator for more information about the program!

kfuller@manchesterhousing.org

RESIDENT SERVICES: BUILDING COMMUNITY, ONE CONNECTION AT A TIME



The MHRA Resident Services team has had a busy and exciting summer helping residents access resources, build connections, and create lasting memories throughout our communities.

This August, Resident Services hosted a Back-to-School Backpack Drive, helping local children start the school year prepared and confident. Thanks to the generosity of community partners and supporters, more than 80 backpacks filled with school supplies were distributed to children living in MHRA communities. To top off the celebration, families enjoyed a visit from the Kona Ice truck, making the day both fun and memorable.

While special events are a wonderful way to bring people together, Resident Services works year-round to connect residents with valuable resources and support. From assistance with SNAP and other benefits to transportation resources, fuel and electric assistance, housing-related paperwork, and referrals to community partners, the team is here to help residents navigate challenges and access opportunities.



Weekly Food Distribution

Looking for fresh food and community connections? Food Distribution is now available every Friday

 1:00 PM - 3:00 PM

 Mark Stebbins Community Center
306 Kimball Street,
Manchester



This weekly program provides residents with access to nutritious food and an opportunity to learn about additional community resources available through MHRA and its partners.



Looking Ahead to Fall

As summer gives way to fall, Resident Services is excited to continue expanding programs and activities across MHRA communities.

This year, residents participated in several field trips and outings, creating opportunities to explore local attractions, meet neighbors, and enjoy new experiences together. Building on that success, we are working to bring even more activities directly to our properties so that residents of all ages can participate close to home.

Upcoming Programs May Include:

- ✓ Community outings and field trips
- ✓ Youth mentoring and enrichment activities
- ✓ After-school homework assistance
- ✓ Life skills and educational workshops
- ✓ Family game nights and movie nights
- ✓ Seasonal celebrations and holiday events
- ✓ Health, wellness, and recreational activities
- ✓ Connections to local resources and community partners



Our goal is simple: to create welcoming communities where residents feel connected, supported, and engaged.

 We Want Your Ideas!

What activities would you like to see in your community?

Whether it's arts and crafts, fitness classes, cooking demonstrations, movie nights, family events, gardening clubs, bingo, educational workshops, or day trips, we want to hear from you!

Share your ideas with our Resident Services programs that are fun, meaningful,

Team and help us shape future and relevant to our residents.

Contact Info

Jane Fieldhouse-Thomas

Resident Service Coordinator

 603-860-0389

 jfthomas@manchesterhousing.org

Contact Info

Jeilianys Rivera

Family Services Coordinator

 603-624-2038 ext. 138

 603-851-3114

 jrivera@manchesterhousing.org



Honoring Our Veterans

A Message of Gratitude from the MHRA Team

This Veterans Day, the staff of MHRA would like to extend our heartfelt appreciation to all veterans in our communities and across our nation. Your service, sacrifice, and dedication have helped protect the freedoms and opportunities we enjoy every day. Whether you served during times of conflict or peace, at home or overseas, your commitment to something greater than yourself deserves our respect and gratitude.

Many veterans continue serving long after their military careers end by volunteering, supporting neighbors, mentoring others, caring for family members, and helping strengthen the communities they call home. We recognize that service takes many forms, and we are thankful for the positive impact veterans make every day.

Veterans Day is an opportunity for all of us to pause and reflect on the courage, resilience, and selflessness demonstrated by those who have worn our nation's uniform. It is also a reminder to check in on one another, offer a helping hand when needed, and show kindness and appreciation throughout the year.

To all veterans living in MHRA communities:
Thank you for your service. Thank you for your sacrifice. Thank you for being part of our community.

We are honored to have you as our residents, neighbors, friends, and family members.

Veterans Day
November 11

"A nation's strength is built not only by those who serve, but by the communities that remember and honor that service."

From all of us at Manchester Housing & Redevelopment Authority, we wish our veterans and their families a safe, happy, and meaningful Veterans Day.



Did You Know?

Veterans can connect with a variety of local, state, and federal resources for housing, healthcare, employment assistance, benefits counseling, and support services.

📞 Contact Resident Services for information about community resources and local referrals.





OCTOBER



Halloween Trick-or-Treating Saturday, October 31, 4 - 6pm.

DEERFIELD FAIR!

Oct. 1-4

34 Stage Rd, Deerfield, NH 03037
603-463-7421 www.deerfieldfair.com

The Sandwich Fair

October 10-12

7 Wentworth Hill Rd, Sandwich, NH 03227
603-284-7062 www.thesandwichfair.com

The Topsfield Fair

Oct. 2-12

207 Boston St, Topsfield, MA 01983
978-887-5000 www.topsfieldfair.org

Laconia Pumpkin Festival

October 23rd: 4pm - 10pm

and 24th: 11am - 10pm

Downtown Laconia, NH

603-524-5046 www.laconiapumpkinfestival.com

Manchester Chocolate Expo

October 11 | DoubleTree Expo Center

Enjoy a day of chocolate tastings, specialty foods, vendors, and family-friendly fun at Manchester's annual Chocolate Expo. A sweet fall outing for all ages! [thechocolateexpo.com]

LOCAL AUTUMN RECOMMENDATION

Manchester Cedar Swamp Preserve

Hours: Open daily from 6:00 AM to 6:00 PM

Venue: Country Side Blvd, Manchester

Description: Residents looking for local fall foliage viewings should explore this 640-acre nature preserve. It features three family-friendly trails, including a universally accessible "all persons" trail with educational plaques. **Note:** Pets are not permitted to protect the ecosystem.

Cost: Free

Live in Manchester? Take public transit! The Manchester Transit Authority's Route 11 bus stops at Manchester Cedar Swamp.

Apple Harvest Day - Dover, NH

Celebrate fall at the 42nd Annual Apple Harvest Day in downtown Dover on Saturday, October 3, 2026, from 9:00 AM to 4:00 PM. This free family-friendly festival features over 300 vendors, live entertainment, local food, children's activities, and a morning 5K race. It's a great way to enjoy autumn in New Hampshire with something for all ages.

Downtown Dover, NH • Free Admission

<https://www.eventeny.com/events/appleharvestday-25716>

HOGTOBERFEST

DATE & TIME: SATURDAY, OCT. 10 & SUNDAY, OCT. 11, 2026.

STARTING AT 11:00 AM

VENUE: MANCHESTER HARLEY-DAVIDSON (100 TECHNOLOGY DR. HOOKSETT)

DESCRIPTION: A FAMILY-FRIENDLY OPEN HOUSE WEEKEND FEATURING OUTDOOR GAMES, A KIDS KORNER, A BEER STEIN CHALLENGE, AND CHANCES TO WIN GIFT CARDS.

COST: FREE ADMISSION (INCLUDES FREE BRATWURST, PRETZELS, AND REFRESHMENTS).

MACTOBERFEST [AT] MCINTYRE SKI AREA

DATE & TIME: SATURDAY, OCTOBER 17, 2026, AT 1:00 PM

VENUE: MCINTYRE SKI AREA (50 CHALET WAY)

DESCRIPTION: AN OKTOBERFEST PUBLIC CELEBRATION FEATURING LIVE MUSIC BY TODD TRUSTY MUSIC, LOCAL FOOD, AND FESTIVE DRINKS.

COST: FREE ADMISSION



MPD EVENTS



10/7 - 8:30 AM- NATIONAL COFFEE WITH A COP DAY! - ALLTOWN ON BROWN AVE

10/24 - DRUG TAKE BACK DAY - 8-2 ELLIOT AT RIVER'S EDGE

10/29 - TRUNK-OR-TREAT 5PM AT THE MPAL

12/9 - SENIOR LIGHT TOUR - 5:30 PM - REGISTRATION REQUIRED WITH STEVE DUQUETTE (SR. SERVICE OFFICER) 603-792-5431



HAUNTED ATTRACTIONS NEARBY

FRIGHT KINGDOM

SELECT NIGHTS SEPT. 25 TO OCT. 31, 2026

12 SIMON ST., NASHUA, NH

(603) 809-1173

WWW.FRIGHTKINGDOM.COM

FIVE INDOOR HAUNTED ATTRACTIONS, SPECIAL EFFECTS, AND OVER 80 LIVE ACTORS.



Always check attraction websites for hours, tickets, age recommendations, and weather-related changes before attending.



SPOOKY WORLD / NIGHTMARE NEW ENGLAND



SELECT NIGHTS SEPT. 18 TO OCT. 31, 2026



454 CHARLES BANCROFT HWY, LITCHFIELD, NH

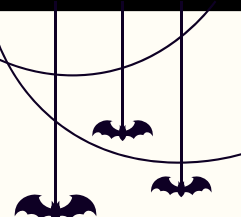


(603) 424-7999



WWW.NIGHTMARENEWENGLAND.COM

NEW HAMPSHIRE'S LARGEST HAUNTED ATTRACTION FEATURING HAUNTED HOUSES, A HAYRIDE, MIDWAY ATTRACTIONS, AND MORE.



HAUNTED OVERLOAD



SELECT NIGHTS IN OCTOBER



20 HOWEVE RD., LEE, NH



(603) 312-4942



WWW.HAUNTEDOVERLOAD.COM

NATIONALLY RECOGNIZED OUTDOOR HAUNTED TRAIL FEATURING ELABORATE SETS AND CREATURES.



HALLOWEEN MOVIE NIGHT IDEAS

FAMILY-FRIENDLY CLASSICS:

- IT'S THE GREAT PUMPKIN. CHARLIE BROWN
- HOCUS POCUS
- CASPER
- HOTEL TRANSYLVANIA
- THE ADDAMS FAMILY
- HALLOWEENTOWN

A LITTLE SPOOKIER

- BEETLEJUICE
- THE NIGHTMARE BEFORE CHRISTMAS
- GHOSTBUSTERS
- THE SIXTH SENSE
- THE CONJURING
- SCREAM
- PRACTICAL MAGIC 1 AND 2!



CHEAP HALLOWEEN FUN

HALLOWEEN DOESN'T HAVE TO COST A FORTUNE. GRAB SOME POPCORN FOR A SPOOKY MOVIE NIGHT, DECORATE PUMPKINS FROM THE DOLLAR STORE, MAKE PAPER GHOSTS FOR THE WINDOWS, TAKE A WALK TO LOOK AT DECORATIONS, OR HAVE EVERYONE CREATE COSTUMES USING ONLY THINGS ALREADY IN THE HOUSE.

BONUS POINTS FOR THE MOST RIDICULOUS HOMEMADE COSTUME!

THE GREAT CANDY DEBATE

SETTLE SOME EXTREMELY IMPORTANT OCTOBER QUESTIONS.

1. REESE'S OR KIT KAT?
2. CHOCOLATE OR FRUITY?
3. CANDY CORN: DELICIOUS OR ABSOLUTELY NOT?
4. CARVE A PUMPKIN OR PAINT IT?
5. SCARY MOVIES OR COZY FALL MOVIES?
6. APPLE CIDER: HOT OR COLD?

AND THE MOST IMPORTANT QUESTION: WHAT'S THE ONE HALLOWEEN CANDY YOU'RE STEALING FROM YOUR KID'S BAG FIRST?





NOVEMBER

THE MONTH I DON'T KNOW WHAT TO DO WITH...

Halloween is over. Christmas is lurking. It's dark at approximately 2:17 in the afternoon. 😊
Welcome to November in New Hampshire. A few reminders as we settle into the colder months:

DAYLIGHT SAVING TIME END SUNDAY, That coat you swore you wouldn't need yet? You need it.

Don't forget to turn the clocks back one hour. Enjoy your bonus hour before it gets dark ridiculously early.

NOVEMBER 1.

Smoke/CO alarms: The clock change is an easy reminder to make sure they're working. If an MHRA-provided detector isn't working properly, contact Maintenance - don't disable it.

Winter car stuff: Ice scraper. Gloves. Washer fluid rated for freezing temps. Maybe stop pretending the mystery light on your dashboard will resolve itself through positive thinking.

November's official NH forecast: Cold. Warm. Rain. Maybe snow. 63 for absolutely no reason. Then freezing again. Dress accordingly.

THE GREAT THANKSGIVING FOOD DEBATE

Let's settle absolutely nothing. Pick your side:

Turkey: actually good / just a gravy delivery system

Mashed Potatoes: smooth / lumps belong there

Sweet Potatoes: marshmallows / absolutely not

Cranberry Sauce: homemade / can-shaped masterpiece

Pie: apple / pumpkin / pecan

Thanksgiving dinner: 2 PM / Normal dinner time

Leftovers: better than the actual meal / fight me

The most controversial question of all: Do you eat Thanksgiving leftovers cold, directly from the refrigerator, while standing in the kitchen? No judgement. This is a safe space.

DON'T TRASH THAT PUMPKIN YET!

Got an unpainted, undecorated pumpkin hanging around after Halloween? Before tossing it, consider giving it a second life. You can roast the seeds, cook the flesh, compost it where permitted, or look for a local pumpkin collection/composting event.

One thing NOT to do: dump pumpkins in the woods because "the animals will eat them." Wildlife doesn't need us redecorating their dining room.

Carved, painted, glittered or otherwise chemically fabulous?

That one may need to go in the trash.

NOVEMBER IN NH BINGO

- ☐ Scraped frost off windshield
- ☐ Left work and said "Why is it DARK?"
- ☐ Wore winter coat in morning and regretted it by noon
- ☐ Started car just to defrost it
- ☐ Saw Christmas decorations before Thanksgiving
- ☐ Refused to turn the heat up
- ☐ Lost one glove
- ☐ Heard someone say "We're supposed to get snow"
- ☐ Bought something you absolutely did not need on Black Friday



November → December

LOCAL HAPPENINGS & HOLIDAY CHEER

Local Events - Get out of the house. Always check attraction website or call for hours, tickets, age recommendations, and weather related changes before attending.

November

November 8 - Bedford Handmade, 10 am - 2 pm, Bedford High school, free admission & parking

November 14 - Free second saturday at the currier museum of art, NH residents free admission

November 14 - Manchester memorial high school, holiday fair, 9 am - 3 pm.

November 19 - Millyard Museum extended hours, 10 am - 7 pm, exhibits, shop museum store, holiday displays.

November 21-22 - St.catherine of Siena Holiday Fair, 206 north st, manchester - sat 9 am -6 pm , sun 8 am - 1 pm, penny sale, raffle, bake sale, kids' corner and festival of trees.

November 20 - labelle lights - lightsfest , 4:30pm - 9:30pm, labelle winery - derry event center, holiday lights, live music, fireworks, and santa and mrs claus (ticketed event)

DECEMBER

Dec. 4th - New Hampshire Coin & Currency Expo-10:00 AM - DoubleTree by Hilton, Manchester-Coins, collectibles, and family-friendly exhibits.

Dec. 5th - Tree Lighting Ceremony • Downtown Manchester - Kick off the holiday season with Manchester's annual tree lighting.

Dec. 5th - Santa Claus Shuffle • 2:30 PM • Veterans Memorial Park - Family-friendly holiday walk and run before the parade.

Dec. 5th - Winter Fair • Noon • 505 Sheffield Rd. - All Dogs Gym & Inn - Shop local vendors and enjoy seasonal activities.

Dec. 5th - Holiday Parade • Downtown Manchester - New Hampshire's largest holiday parade with festive floats, music, and Santa.

Dec. 3-20 - A Christmas Carol | Palace Theatre - Experience the timeless holiday classic live on stage

Dec. 11 - 12 - PBR: Unleash the Beast | 7:45 PM | SNHU Arena - Watch the world's top bull riders compete in this thrilling event

Dec. 14th - Holiday Card Making Night • 6:00 PM • Stark Brewing Company - Create handmade cards for friends and loved ones.

DECEMBER



A WARM WELCOME

Dear MHRA Residents,

Somehow, we made it to December. Before we close out 2026, I wanted to do something a little different. No forms. No rent calculations. No reminders about what goes **IN** the dumpster.

Just a little December edition from me. Grab your imaginary newspaper and enjoy.

BEHIND THE NEWSLETTER: 2026

2026, approximately:

- Survived 3x creating the resident newsletter - began enjoying it - still awful at not procrastinating on it
- I was located in 3 different offices
- Tactically acquired 1 artificial tree from Maintenance - named it Frank (*another has my eye*)
- Completed an unreasonable amount of paperwork
- Coffee + Alani consumed: *data unavailable, but concerning.*
-



UNSOLICITED ADVICE FROM AROUND THE OFFICE

I went around the office asking people for their most unsolicited piece of advice. No topic. No rules. Just "Give me advice." Here's what I got.

- "Label your kids items! And... Multiples -boots, gloves everything and anything. Backups!"
- "Wear proper footwear. Take it slow"
- "Layers, Layers, Layers" (clothing)
- "Check your tire pressure"
- "Wear the hat"
- "If you're making something you've never cooked before for a large group of people, perhaps perform a test run"
- "During snowstorms, keep your vehicle ready to move. If you can't move it yourself, let the office know and arrange for a friend or neighbor to help. And please - don't stick your foot in the snowblower."
- "Just keep swimming"
- "Be kind & courteous to those around you."
- "Don't put off for tomorrow what you can do today."
- "Treat others how you want to be treated. And always shut the security door behind you."
- "Travel more"

THE GOOD NEIGHBOR

December challenge: Do one nice thing for somebody without being asked.

Shovel a little extra. Hold the door. Check on a neighbor. Bring in someone's package. Give somebody a little patience when it's least expected.

That's it. No paperwork required. I checked.

MHRA CLASSIFIEDS

WANTED: Residents willing to read notices *before* calling the office. Compensation: the answer to the question you were about to ask. (LoL)

FOUND: An alarming number of unmatched gloves every winter.

SEEKING: The person who controls New Hampshire weather. Maintenance would like a word.

FREE: Resident Services programs, community resources and occasional snacks. Check upcoming notices for details.

From all of us at MHRA, have a safe and happy December. However you spend it, we hope there's something good waiting for you in the month ahead.

See you next year!

A YEAR IN REVIEW

*Good
ideas
brighter
days*

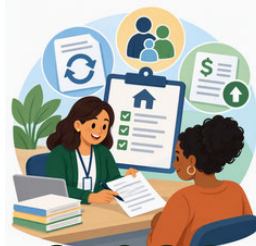
A lot happens around here in a year. Some of it happens in your apartment. Some happens behind the scenes. And some of it happens before most of us have had our first cup of coffee.

Here's just a snapshot of what the MHRA team accomplished this year.



135

HOUSEHOLDS HOUSED
OPERATIONS RECEIVED
1,250 APPLICATIONS,
PROCESSED 874, AND
HOUSED 135 INDIVIDUALS
AND FAMILIES.



2,022

RECERTIFICATIONS & UPDATES
THAT INCLUDES ANNUAL
RECERTIFICATIONS,
HOUSEHOLD COMPOSITION
CHANGES AND INCOME
UPDATES.



6,135

WORK ORDERS COMPLETED
MAINTENANCE RESPONDED TO
THOUSANDS OF RESIDENT
REQUESTS THIS YEAR, FROM
ROUTINE REPAIRS TO URGENT
AND EMERGENCY WORK.



16,624

MEALS SERVED
PLUS 816 COMMODITY
FOOD BOXES DELIVERED
TO SENIOR RESIDENTS.



199

VACANT UNITS TURNED
MAINTENANCE PREPARED 199
VACANT UNITS FOR THEIR
NEXT RESIDENTS WHILE
HANDLING THOUSANDS OF
WORK ORDERS AND
INSPECTIONS.



18,260

RESIDENT CONTACT
DOCUMENTED
PROPERTY MANAGEMENT
LOGGED MORE THAN 18,000
INDIVIDUAL NOTES, FILE
MEMOS AND CONVERSATIONS
WITH RESIDENTS.

AND THAT'S ONLY SIX

SETS OF NUMBERS.

BUT WAIT... THERE'S MORE.

BEHIND THE NUMBERS

BECAUSE APPARENTLY MHRA WAS VERY BUSY THIS YEAR.

INSPECTED. AND INSPECTED SOME MORE.

951 ANNUAL INSPIRE INSPECTIONS
754 HOUSEKEEPING INSPECTIONS

THAT'S **1,705** BETWEEN THE TWO CATEGORIES ALONE.

PEST CONTROL: THE NUMBERS WENT THE RIGHT WAY

OPEN PEST CONTROL CASES
DROPPED FROM 159 TO 53
BETWEEN MAY 2025 AND APRIL 30, 2026

THAT'S ABOUT A **67%** REDUCTION

MORE THAN 680 HOURS WITH MHRA KIDS

RESIDENT SERVICES INVESTED **680+ HOURS** IN CHILDREN'S PROGRAMMING AT ELMWOOD AND KELLEY FALLS, WITH THE HOPE PROGRAM PROVIDING WEEKLY MENTORSHIP AND FUNDED TRIPS

AND 700+ ONE-ON-ONE CONNECTIONS

RESIDENT SERVICES PROVIDED **OVER 700 INDIVIDUAL CONTACTS** FOR RESIDENTS NEEDING SUPPORT, PLUS **300+ HOURS OF ADULT ENRICHMENT ACTIVITIES**

290 FAMILIES

THE APPLICANT/LANDLORD PARTICIPATION PROGRAM HELPED **290 SECTION 8 FAMILIES** OVERCOME LEASING BARRIERS, WHILE SHELTER OUTREACH HELPED MORE THAN 20 PEOPLE EXPERIENCING HOMELESSNESS BECOME HOUSED THROUGH MHRA

59 BUILDINGS. NEW ROOFS. DONE.

THREE KELLEY FALLS ROOFS WERE RECENTLY COMPLETED, TOTALING **17 BUILDINGS SERVING 132 FAMILIES**, AND ROOF REPLACEMENT WAS COMPLETED ACROSS **ALL 42 ELMWOOD GARDENS BUILDINGS** BENEFITING APPROXIMATELY **200 FAMILIES**

NEARLY 700 IT PROBLEMS SOLVED

SINCE MHRA LAUNCHED ITS CENTRALIZED IT SUPPORT TICKET SYSTEM IN MARCH 2025, **NEARLY 700 SUPPORT REQUESTS HAVE BEEN RESOLVED**. AND A REVIEW OF PHONE AND TABLET PLANS REDUCED MHRA'S TELECOMMUNICATIONS COSTS BY MORE THAN \$2,000 PER MONTH SAVED BEGINNING IN MAY 2026.

Exciting Improvements Continue at Kelley Falls



There is exciting news on the horizon for Kelley Falls residents. Over the past several years, the neighborhood has seen significant positive changes, including the addition of the Mark Stebbins Community Center. As part of those improvements, plans were made to replace the former playground that was removed during construction of the Community Center. MHRA worked with project partners to select a modern playground design, and that vision is now becoming a reality.

Construction of the new basketball court is expected to begin in October, with playground installation planned for November 2026.

The new playground will feature equipment for children of various ages and abilities, including slides, climbing structures, sensory and musical play elements, accessible components, and interactive features that encourage active play and exploration. The playground is designed to accommodate more than 80 children at a time, creating a welcoming space for families and neighbors to gather and enjoy the outdoors.

To allow the playground to open as quickly as possible, engineered wood fiber mulch will be installed initially, with a permanent rubberized safety surface planned for Spring 2027.

MHRA is thrilled to see these long-awaited improvements moving forward and looks forward to providing Kelley Falls families with new recreational opportunities for years to come. We appreciate residents' patience and support and will continue to share updates as construction progresses.



Welcome to the **Mark Stebbins Community Center**



HOURS OF OPERATION & RESOURCES AVAILABLE

Monday - Thursday, 8:30 a.m. - 4:30 p.m.

Friday, 10 a.m. - 6 p.m.

Visit us in-person at 306B Kimball Street or call us at 603.207.1129 to access our resources, including our Community Food Pantry and Opportunity Navigators who are trained to help people access the resources available to them.

COMMUNITY FOOD PANTRY

Manchester Housing Residents

Every Friday, 1 - 3 p.m.

Jordan Singer Youth Enrichment Center Members

Every Friday, 4 - 6 p.m.

OPPORTUNITY NAVIGATORS

Tuesdays, 8:30 a.m. - 12 p.m. | Thursdays, 1-4:30 p.m.

Walk-Ins Welcome

Helping our neighbors conquer obstacles on their path to economic independence.

Connect to resources, including workforce development, child care, nutrition, energy assistance, housing support, and senior living needs.

Bienvenido al **Mark Stebbins Community Center**



HORARIO DE ATENCIÓN Y RECURSOS DISPONIBLES

Lunes - Jueves, 8:30 a. m. – 4:30 p. m.

Viernes, 10 a. m. - 6 p. m.

Visítenos personalmente en el 306B de Kimball Street o llámenos al 603.207.1129 para acceder a nuestros recursos, incluida nuestra Despensa Comunitaria de Alimentos y nuestros Navegadores de Oportunidades, capacitados para ayudar a las personas a acceder a los recursos disponibles para ellas.

DESPENSA DE ALIMENTOS COMUNITARIA

Residentes de Manchester Housing

TodosLosViernes, 1 -3p.m.

Miembros de Jordan Singer Youth Enrichment Center

Todos Los Viernes, 4 - 6 p. m.

NAVEGADORES DE OPORTUNIDADES

Martes, 8:30 a. m. - 12 p. m. | Jueves, 1-4:30 p. m.

Sin Cita Previa

Ayudamos a nuestros vecinos a superar obstáculos en su camino hacia la independencia económica.

Acceda a recursos que incluyen capacitación laboral, cuidado infantil, nutrición, asistencia para gastos de energía, apoyo en materia de vivienda y servicios para personas mayores.

Amoskeag Health is a nonprofit, federally qualified health center dedicated to improving the health and well-being of patients and communities through services that address both physical and mental health under one roof. We accept most insurance, including Medicaid and Medicare, and serve everyone regardless of ability to pay.

Primary Care

- Pediatric & Adult Health Care
- Chronic Care Management
- Maternal Health
- Pregnancy & Delivery

Mental Health Care

- Individual Mental Health Therapy
- Pediatric Behavioral Health Interventions
- Substance Use Counseling
- Medication Assisted Treatment
- School-Based Behavioral Health

Specialty Care

- Complex Medical Care for Children
- Family Eye Care Center
- Substance Use Treatment
- Nutrition & Diabetes Education
- Podiatry

Community Initiatives

- Parent & Caregiver Resources (LAUNCH)
- Youth Health Education
- Childhood Trauma Response Team (ACERT)
- Participation in Community Events
- Partner with Local Resources

Wrap-around Services

- Patient Portal (Online Access)
- Medical Interpretation Services
- Transportation to Appointments
- Financial Assistance
- WIC & Insurance Enrollment
- Family Support & Case Management
- Low-Cost Prescription Plan



5 Locations in Manchester, NH

145 Hollis St. | 1245 Elm St.

184 Tarrytown Rd. | ProHealth, 2 Wall St.

306 Kimball St

 **603-626-9500**

 **www.amoskeaghealth.org/become-a-patient**



AFTER SCHOOL PROGRAM



**BOYS & GIRLS CLUBS
OF GREATER MANCHESTER**

DROP-IN FOR GRADES 6-8 AT THE JORDAN SINGER

YOUTH ENRICHMENT CENTER

Starting **October 5**, from **5:30-7pm**,
306 KIMBALL STREET, MANCHESTER

students in grades 6-8 can join the Boys & Girls Clubs of Greater Manchester at the Jordan Singer Youth Enrichment Center. You can DROP-IN for a low, annual fee!

Annual \$10 fee includes:

- Entry to JSYEC at 5:30pm
- Dinner
- Open gym from 6:00-7:00pm

Transportation is NOT included.

HOW TO REGISTER

Registration can be completed at the
Jordan Singer Youth Enrichment Center
near the Rock Rimmon Soccer Fields.





**BOYS & GIRLS CLUBS
OF GREATER MANCHESTER**

**2026
2027**

REGISTRO PARA EL AÑO ESCOLAR

DISPONIBLE EN LÍNEA Y EN PERSONA



- Programas extracurriculares para los grados K-4 en el Jordan Singer Youth Enrichment Center (306C Kimball Street)
- Programa antes de clases en la sede Union Street Clubhouse (555 Union Street)
- Transporte al programa extracurricular desde Gossler Park, Northwest y Parker-Varney
- Merienda y cena
- Increíbles programas, actividades y eventos
- Oportunidades de asistencia financiera disponibles a través de BGCGM y del estado. Para obtener más información, comuníquese con frontdesk@bgcgm.org.



SCAN HERE

[BGGCM.ORG/PROGRAMS/JSYEC](https://bgcgm.org/programs/jsyec)



**BOYS & GIRLS CLUBS
OF GREATER MANCHESTER**

**2026
2027**

SCHOOL YEAR REGISTRATION

AVAILABLE ONLINE & IN-PERSON



- **After School Programs for Grades K-4 at Jordan Singer Youth Enrichment Center (306c Kimball Street)**
- **Before School Program at the Union Street Clubhouse (555 Union Street)**
- **Transportation to After School Program from Gossler Park, Northwest, and Parker-Varney**
- **Snack & Dinner**
- **Amazing programs, activities & events**
- **Financial assistance opportunities available from BGCGM and the state. To learn more, contact frontdesk@bgcgm.org**



SCAN HERE

[BGCgm.ORG/PROGRAMS/JSYEC](https://bgcgm.org/programs/jsyec)

BIGFOOT IN NEW HAMPSHIRE

APPARENTLY, WE HAVE THAT TOO. 🦶🌲

NEW HAMPSHIRE HAS MOUNTAINS, MOOSE, BEARS, UNPREDICTABLE WEATHER, POTHOLES THAT COULD PROBABLY SWALLOW A SMALL CAR...AND, APPARENTLY, BIGFOOT.

WHETHER YOU BELIEVE IN SASQUATCH OR THINK SOMEONE SAW A BEAR STANDING UP AFTER SPENDING A LITTLE TOO MUCH TIME ALONE IN THE WOODS, BIGFOOT HAS BEEN PART OF NEW HAMPSHIRE FOLKLORE FOR YEARS.

AND WE AREN'T EXACTLY SHORT ON SIGHTINGS.

NEW HAMPSHIRE REPORTEDLY RANKS SECOND IN NEW ENGLAND FOR SASQUATCH SIGHTINGS, WITH REPORTS COMING FROM ALL OVER THE STATE. SOME DESCRIBE AN ENORMOUS, HAIR-COVERED CREATURE STANDING 8 TO 10 FEET TALL. OTHERS REPORT GIANT FOOTPRINTS, STRANGE NOISES, ROCKS BEING THROWN, BRANCHES BREAKING OR GOOD OLD-FASHIONED "I SAW SOMETHING IN THOSE WOODS AND I HAVE ABSOLUTELY NO IDEA WHAT IT WAS."

HONESTLY, THAT LAST ONE IS ENOUGH FOR ME. 😂

👁️ SO...WHERE IS HE?

NORTHERN NEW HAMPSHIRE — PARTICULARLY COÖS COUNTY — HAS PLENTY OF BIGFOOT LORE, WHERE THE CREATURE HAS SOMETIMES BEEN CALLED A "WOODS DEVIL."

BUT YOU DON'T HAVE TO HEAD ALL THE WAY TO THE NORTH COUNTRY.

BEAR BROOK STATE PARK HAS ALSO BEEN ASSOCIATED WITH REPORTS OF STRANGE HUMANOID FIGURES, UNEXPLAINED NOISES AND OTHER UNUSUAL ACTIVITY. A 2018 REPORT FROM NOTTINGHAM DESCRIBED AN APPROXIMATELY 8-FOOT-TALL CREATURE STANDING BESIDE THE ROAD BEFORE DISAPPEARING BACK INTO THE WOODS.

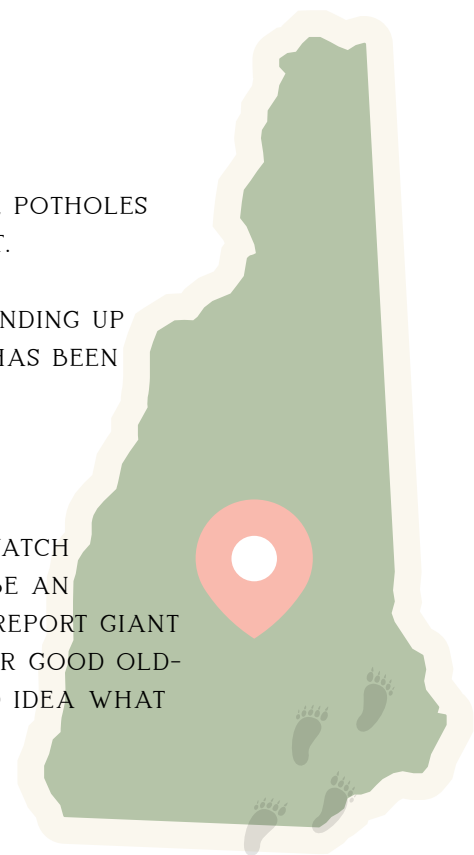
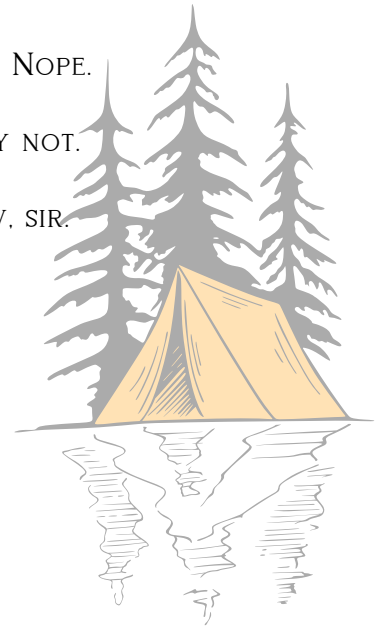
THERE ARE STORIES FROM THE WHITE MOUNTAINS, TOO. AROUND 2000, A CAMPER REPORTEDLY SAW WHAT APPEARED TO BE A LARGE HAND MOVING ALONG THE OUTSIDE OF HIS TENT, FOLLOWED BY A DEEP GUTTURAL SOUND.



NOPE.

ABSOLUTELY NOT.

TENT IS YOURS NOW, SIR.





THE GRANITE STATE HAS LEANED INTO IT

REAL OR NOT, NEW HAMPSHIRE HAS APPARENTLY DECIDED THAT IF BIGFOOT WANTS TO LIVE HERE, WE'RE GOING TO PUT HIM TO WORK.

ROCHESTER HAS HELD A BIGFOOT SCAVENGER HUNT, COMPLETE WITH WOODEN BIGFOOT CUTOUTS HIDDEN AROUND DOWNTOWN. CHARMINGFARE FARM IN CANDIA HAS HOSTED "SCOUTING FOR BIGFOOT," WITH FOREST ACTIVITIES AND EVEN A BIGFOOT-CALLING CONTEST.

THERE'S BIGFOOT MAPLE SYRUP. BIGFOOT EVENTS. A BIGFOOT STATUE IN HINSDALE. THERE'S EVEN A BIGFOOT-THEMED SOURDOUGH BAKERY IN MILFORD.

AND IN JUNE 2027, WARREN IS SCHEDULED TO HOST A BIGFOOT WEEKEND, INCLUDING A BIGFOOT EXPEDITION, COSTUME CONTEST AND GOLF-CART PARADE.

AT THIS POINT, IF BIGFOOT ISN'T REAL, HE'S STILL DOING A REMARKABLE AMOUNT FOR NEW HAMPSHIRE TOURISM.



BUT IS BIGFOOT ACTUALLY REAL?

THAT'S WHERE THINGS GET FUZZY. PUN ABSOLUTELY INTENDED.

THERE IS NO SCIENTIFICALLY CONFIRMED EVIDENCE THAT BIGFOOT EXISTS. NO VERIFIED SPECIMEN, BODY OR OTHER PROOF HAS ESTABLISHED THE EXISTENCE OF AN ENORMOUS UNDISCOVERED HUMANOID WANDERING AROUND NEW HAMPSHIRE.

AND YET...THE STORIES KEEP COMING.

HUNTERS. CAMPERS. HIKERS. POLICE OFFICERS. SCIENTISTS. PEOPLE WHO WEREN'T SEARCHING FOR BIGFOOT AT ALL HAVE REPORTED ENCOUNTERS WITH SOMETHING THEY COULDN'T EXPLAIN.

MAYBE EVERY ONE OF THEM HAS ANOTHER EXPLANATION.

OR MAYBE THERE ARE STILL A FEW THINGS HIDING IN THE NEW HAMPSHIRE WOODS THAT WE HAVEN'T FIGURED OUT YET.

EITHER WAY, THE NEXT TIME YOU'RE OUTSIDE AT NIGHT AND HEAR SOMETHING ENORMOUS MOVING THROUGH THE TREES...

IT'S PROBABLY A BEAR.

PROBABLY. 🐼 🌲

WANT TO GO DOWN THE BIGFOOT RABBIT HOLE?

THIS ARTICLE WAS INSPIRED BY REPORTING FROM EMILY REILY'S "BIGFOOT IN NEW HAMPSHIRE: THE LEGEND OF THE FOREST," PUBLISHED BY NEW HAMPSHIRE MAGAZINE ON SEPTEMBER 16, 2026. HER ORIGINAL STORY INCLUDES WITNESS ACCOUNTS, INTERVIEWS, NEW HAMPSHIRE SIGHTINGS, BIGFOOT EVENTS AND ADDITIONAL RESOURCES FOR ANYONE BRAVE ENOUGH TO KEEP DIGGING.

SOURCE & FURTHER READING: EMILY REILY, NEW HAMPSHIRE MAGAZINE, "BIGFOOT IN NEW HAMPSHIRE: THE LEGEND OF THE FOREST," SEPT. 16, 2026. [🔗 NHMAGAZINE.COM/BIGFOOT-IN-NEW-HAMPSHIRE-THE-LEGEND-OF-THE-FOREST/](https://nhamagazine.com/bigfoot-in-new-hampshire-the-legend-of-the-forest/)



Stay tuned: Bigfoot isn't the only mystery lurking in the Granite State. Next time, we might investigate strange lights, unexplained encounters, and New Hampshire's most intriguing UFO stories.

